



QUEENS' SCHOOL
Dare to be Great

Queens' School Young Carers

A young carer is a person under 18 who looks after someone in their family or a friend who is ill, disabled, or has a mental health problem or an addiction. As many as one in five pupils in the UK could be a young carer.

Often these children are caring for relatives without their teachers' knowledge, slipping through the net, undetected by support services. The caring role they carry out means they have unique experiences and demands that impact on their capacity to enjoy and achieve at school.

Young Carers are a vulnerable and disadvantaged group, who often experience difficulties in their education. Without support, they can struggle to attend school and make good progress. Identifying and supporting Young Carers is an effective way of improving the attainment and attendance of this pupil group.

As a school we know that Young Carers may need a little extra support to enjoy and do well at school and are proactive in identifying them so we can effectively support them. All Young Carers at Queens' School are invited to join our Young Carers Support Group. Each term Young Carers from across the school come together in a safe and supportive environment, allowing them to share worries or concerns, but also to have fun and enjoy each other's company. Sometimes just knowing 'you are not the only one' can be the greatest support of all.

If you think your child is a Young Carer or would like more information and support, please contact one of our Young Carers Team on youngcarers@queens.herts.sch.uk. Alternatively, you can contact Young Carers in Herts directly using the following link: <https://www.carersinherts.org.uk/about-us/contact-us/>

Young Carers Champions/Leads

Mr Taylor, Deputy Headteacher

Mrs Jenner, Inclusive Learning Co-ordinator

Mrs Silvain, Student Support Manager, Sixth Form

Useful websites for further information

<https://youngcarersinschools.com>

<https://www.carersinherts.org.uk/young-carers>

<https://www.barnardos.org.uk/get-support/young-carers>

<https://carers.org/about-caring/about-young-carers>

<https://www.carersuk.org/help-and-advice/practical-support/support-for-young-carers>