



QUEENS' SCHOOL
Dare to be Sporty

PE Department December Newsletter

Football

Year 11 boys Football

This year has seen quite a successful start to the season for the Year 11's in the League, County Cup and National Cup. With two games left to play in the League, they need 1 more point to make sure they get into the play-off, probably against Rickmansworth. In the County Cup, they will be playing against Bushey Meads for a place in the quarter-final, having beaten St Clement Danes in the last round. In the big one, the National Cup, where there was an entry field of 589, the boys are now in the last 64, having beaten Goffs 5-1, Alexandra Park 6-1 and John Henry Newman 4-1 in previous rounds.

There has been quite a big squad this year, which is excellent, which means I have been able to rotate in some games without weakening the team.

Good luck for the rest of the season.

**** News flash**** The boys beat Verulam 7-4 in the last 64 so are now in the last 32 schools in the country.

Year 7 Boys Football

The team are having a good season at the moment and are striving to achieve the league title this season. They are currently on the right track to do this with having only played 3 games out of 6. Unfortunately being defeated and out of both national and county cups means they're aiming to achieve the league!

Year 8 Boys Football

Year 8 boys have continued to play good football, which took them to the district final last year. They have progressed through multiple rounds in Both the county and National cups, including one memorable trip into London where we ended up at the wrong venue, only to have to drive another 40 minutes to the football pitch which was beside Twickenham Rugby Stadium! Thankfully this ended in a 5-0 win. Everybody has played their part in the season and some players have successfully made the transition from the 'B' team to the 'A' Team. Training is on a Monday night if anybody is interested in attending.

Year 9 Boys Football

The team have started off better than they did last season but are still trying to get things going once again, sitting mid-table in the league with games still to play. We are aiming to get our highest league finish. Unfortunately being knocked out of both the cups we challenged in means our attention has fully turned on to the league.

Under 12 Girls Football

The Year 7 girls football has been thriving this half-term with numbers at our extracurricular club remaining high. It is amazing to see so many girls getting involved and enjoying their football. Looking at results this year the girls remain undefeated in all fixtures. They are now through to the quarter final of the County Cup which is an amazing achievement. Well done girls, keep thriving!!!



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Under 13 Girls Football

The Under 13 girls continue to bring a positive attitude to our extracurricular club. The girls are there every week in the cold dark and rain ready to train and always give 100%. Although the team has not had many fixtures this year, they have improved individually in training and are ready for their fixtures ahead of next term.

Under 15 Girls Football

The Under 15 girls are in the County cup and will play in the last week of term. They also did exceptionally well against the Grange drawing 2-2. The girls fought hard and hit the crossbar and post many times. Well done to all the girls now turning up to training ready for our games ahead.

Girls Football Academy

It has been a new season with new spirits! The leagues have provided several games for the girls in which 4 wins and 3 losses have shown a vast development since last season. The energy in the team is terrific and the bond between the players has been fantastic. Game analysis as well as classroom work have really provided the extra knowledge for the players and also helped with their team spirit.

Basketball

Year 8 Boys Basketball

The Year 8 team continues to develop. The first game showed real rust being defeated by St Columbus by 2 points. However, the team rebounded, as good teams should, by defeating Onslow in the county league by 40 points!

Year 10 Boys Basketball

Boys Basketball continues to be a very strong sport in Year 10, as we now have 2 teams in the district leagues. Participation in District, County and National competitions has meant that games come thick and fast. There have been several excellent performances, notably against Watford Boys and also a win against Parmiters who have won the district league for the last 2 seasons (49-66).

If anybody is interested in training it is on a Wednesday after school.

Girls Basketball

The girls basketball season will kick off just before the Christmas holidays. Starting off with a home fixture for the Under 13 & Under 15 teams playing against Owen's at home on the 16th of December. In the New Year we have plenty more fixtures and District tournaments taking place for Year 7, 8 & 9 in the first few weeks back. If you are in Year 9 or above and are interested in helping with the running of these tournaments then please go and speak to Miss Polson in the PE department.

Cross Country

Year 8 and Year 10 district cross country

Our Year 8 and Year 10 cross country teams had the chance to compete against other schools within the district at The Royal Masonic School this half-term to display their resilience during the course. We had a fantastic result by



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Will who won the Year 10 boys race, becoming district champion. The student's behaviour was exemplary, so much so, other teachers highlighted how respectful our Queens' students were. Well done to all that competed, there will be a new date for the Year 7 and 9 teams as well as the County Competition taking place on Saturday 1st February- more details to follow.

Rugby

Boys rugby

Boys rugby continues to grow this year with numbers reaching new heights recently.

Our Year 7s, 8s and 9s have all been involved in district tournaments and inter-school fixtures this term. These will continue throughout next term, including the exciting opportunity to play at the Stone X stadium, home of Saracens.

A huge thank you and well done to the students who have shown dedication to training and continue to develop in ability and confidence!



Netball

Netball training has been thriving since the start of the academic year. On Monday's we regularly have nearly 100 students taking part in Years 7 and 8 which is fantastic. High participation has continued in Year 9 and 10 which has allowed our teams to start to work on more tactical drills to develop their game play. We have had some good results over this half-term with students showing resilience and good sportsmanship. We are looking forward to taking 42 students to PGL Liddington in March where they will get to play in a tournament over the weekend as well as taking part in other outdoor adventurous activities.

Year 11 Netball

The team have had an up and down season so far, but did much better this year at the district tournament at Parmiters which is a real positive. Special mentions to Abbie, Maggie, Lily & Pamela for their dedication and attendance to practice so far this year. Don't forget to keep coming to practice if you want to be able to come on the PGL trip in the new year.



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Medical Mavericks

Medical Mavericks recently visited Queens' School, delivering an engaging series of fitness and health-related tests for our students. The activities ranged from a sprint test to using advanced equipment like an ultrasound monitor to examine their growth plates. The students displayed exceptional effort, showing great enthusiasm and interest throughout the sessions. A huge thank you to Mrs Manning for organising this fantastic opportunity—the students thoroughly enjoyed the experience and gained valuable insights into health and fitness!

