



**QUEENS' SCHOOL**  
*Dare to be Sporty*

**PE Department Summer Newsletter 2023**

**Athletics**

The athletes representing Queens' School showcased their exceptional skills and competitive spirit at the recently held County Athletics Competitions. Despite facing tough opponents from renowned schools, our students demonstrated remarkable talent and achieved commendable results. Their outstanding performances in the District athletics championships and their remarkable achievements in the county event have left the school community brimming with pride.

In the fiercely contested junior boys' category, our young athletes showcased their determination and skill, narrowly missing out on reaching the plate final by just one place.

In the under-16 category, both the girls' and boys' teams delivered outstanding performances, securing a well-deserved 3rd place overall. The exceptional performances displayed by the athletes are a testament to the school's commitment to nurturing and promoting a culture of athletic excellence. The success achieved in the county Athletics Competition will undoubtedly inspire current and future students to embrace their passion for sports and strive for greatness.

The District athletics championships witnessed a surge of extraordinary performances from the students of Queens' School.

**District Champions:** Sara, Ezi, Kristen, Alecia, Elis, Xavier, Luca, Sam and Alex

**Second place:** Frank, Bailey, Hannah, Reka and Will

**Third place:** Gabriel, Kamsi, Nathan, McHenry, Tobi, Erin, Tiger, Poppy, Ghiles and Rosie.



**QUEENS' SCHOOL**  
*Dare to be Great*

**Daring to be *Great* by pursuing our values of Scholarship, Tenacity, Altruism and Respect**





**Special mentions**

A couple of special mentions go to Kristen-Leigh who is not only district champion of the 100m, but broke a district record and won best performance for year 9 girls! Well done Kristen, an outstanding achievement.

Rebecca W-H also wowed us this athletics season as she not only won the Under 19 high jump and the County Athletics competition but then went on to represent Hertfordshire in the English Schools athletics competition!



## Cheerleading

The Queens' of Herts Cheerleading Team came 5th place in the National Schools Cheerleading competition on 23<sup>rd</sup> June. Their dedication, teamwork, and skills have allowed them to showcase their talent on a national stage, and that's no small feat. Cheerleading can present many barriers when performing and the girls showed true resilience throughout the routine, the team's 5th place finish reflects a high level of performance! Competitions of this nature are highly competitive, and placing among the top positions demonstrates their proficiency and ability to compete at a high standard.

The team put in countless hours of practice during after school sessions, giving up their lunch times and even weekends! Their achievement is a testament to their commitment and the effort they put into their preparation.

After their successful performance in the National Schools Cheerleading competition, the future looks bright for the Queens' of Herts team. We are considering participating in more competitions, both regionally and nationally. We are also looking to extend the number of teams we enter at the National Competition next year, as well as hopefully getting into the top 3 teams!



## Sports awards evening

The PE department hosted our first Sports Awards Evening to honour the remarkable achievements of its students throughout the year. The event was a resounding success, with the attendance of enthusiastic staff, proud parents, and excited students. Adding to the evening's charm and inspiration was a special guest speaker, Helen Ward, an esteemed international football player and proud alumna of Queens' School. Helen shared her personal journey and motivated the audience with her passion for sports. The highlight of the evening was the presentation of the

prestigious Sports Personality Award to Poppy, who was recognised for her unwavering dedication to the PE department and her outstanding sporting accomplishments. The event served as a testament to the school's commitment to fostering a culture of excellence in sports and celebrating the achievements of its talented students.



### Rounders

This term has witnessed a thrilling and successful season of rounders matches and fun-filled practices after school. Students from various year groups enthusiastically participated in this beloved sport, showcasing their skills and teamwork on the field. A special mention goes to the remarkable Year 10 team, whose exceptional efforts and perseverance resulted in an impressive 3rd place finish in the district tournament.



### Cricket

Year 9 cricket had a successful season with 2 wins out of 3 in the district league - narrowly losing to Parmiters. We also entered the County Cup for the first time. Unfortunately, we lost to Habbs Boys (A) (not the easiest draw in the world) but the boys played incredibly well and surprised the Habbs team with their ability. Well done to everyone involved in the team this year

