

Academic Years 2023-25



Watford & Hertsmere
Schools Sport Partnership



YOUTH
SPORT
TRUST



Watford & Hertsmere School Sports Partnership

About the Partnership

The Watford and Hertsmere School Sport Partnership was established in 2004 and is based at Queens' School in Bushey. We are a Partnership of Infant, Primary, Secondary and Special Needs Schools across Watford, Bushey, Borehamwood and Potters Bar.

Our Partnership of 46 primary schools is the largest and most widespread within the 10 districts in Hertfordshire.

Meet The Team



Duessa Lipleigh

Partnership Development
Manager



Catherine Owusu

Competition
Manager



Anita Bedwell

School Sport
Co-ordinator



Meryl Charles

Add Ons &
Bikeability

Vision of the School Games

To put physical activity and competitive sport at the heart of schools and providing more young people with the opportunity to compete and achieve their personal best.

The School Games will continue to make a clear and meaningful difference to the lives of even more children and young people.

There is a strong emphasis on inclusion at the event to ensure all young people are given the opportunity to take part.

Young people are offered additional opportunities to take part by leading, managing, or officiating.



Signposting to community opportunities.

Encouraging participants to follow the six School Games values - determination, honesty, passion, respect, self-belief, and teamwork.

Our Aim

To provide opportunities for the young people within our Partnership of schools to access high quality Physical Education, sporting competitions and leadership opportunities. The Herts School Games Provides a focus to our competition programme but we also identify and provide localised need through our Partnership based competitions.

We work with a number of influential sporting Bodies, The Youth Sports Trust, Herts School Games, Herts Sports Partnership, Watford and Hertsmere Sports Development plus National Governing Bodies.

We work closely with the other County Sports Partnership to provide a coordinated approach to school sport and competition plus other current items on the agenda from Youth Sport Trust which includes inclusion and leadership.

Keeping the Partnership up to Date

Our staff regularly update their skills knowledge by undertaking CPD courses to make sure they are following curriculum and National Governing body requirements.

Our School Sports Coordinators have online webinar and face to face training in various National Governing Body Sports such as Gymnastics, Tennis and Dance.

Our staff hold up to date First aid, Safeguarding Children.

Infant Schools: Our Partnership has identified that these schools need more **specialised assistance and competitions** tailored to their needs e.g.: ABC Agility, Balance and Coordination applied to various Sports; Fundamental movement patterns for sport. Gymnastics, Dance, Multi Skills and Speed stacking.



Competition

The Partnership will organise a range of sports competitions for infant and Primary schools within the Partnership. These are either sports that are included in the School Games Programme and have followed National Governing Bodies National Frameworks, or are sports that we have identified as being a need for within the area. Most of our competitions involve local rounds and Partnership Final. Some competitions go onto County, Regional and National Finals.

We are proud to have Schools represent our Partnership regularly at the Herts School Games Finals and often qualify through to represent Hertfordshire at Regional and National Finals e.g.:

- Athletics Sports Hall
- Gymnastics
- Hockey
- Netball
- Tennis
- Dance
- Virtual challenges and Competitions
- Tri Golf
- Basketball
- Badminton
- Dynamo Cricket
- Rapid Fire Cricket
- Speed Stacking

Due to health and safety guidelines some competitions will be capped.

CPD Training

Ability to access lesson support and exemplar activities plus support material available on the partnership web site.

We host 2 x full day SSP Partnerships conferences or equivalent online courses per year.



Whole staff inset (all inclusive package) - Twilight Staff training in:

- Use of Equipment
- Mindfulness
- Yoga
- Pilates
- Gymnastics
- Dance
- Sports day preparation
- PE Lesson planning
- Play Leader training for Year 2 to help with playtime games activities
- MSA- Midday Supervisors Training on games and activities for the playground
- Full support for entering all Intra School Competitions, League and county

Leadership Opportunities

Leadership opportunities are also provided to our pupils, as young leaders take on the responsibility of officiating and volunteering within their school and at Partnership events throughout the year.

‘Our aim is to train children from years 5/6 to become Play Leaders to National Governing Body certificate.’

Our qualified pupils are then encouraged to take an active role within their school, being positive role models and inspiring their peers to participate in sporting activity. As well as support us in the delivery of intra school sporting activities.

- Provide PALS training to Year 5 students
- Developing leadership opportunities by linking into partner / local primary schools
- Trained primary leaders to lead a KS1 festivals



Add – On Courses

As a Partnership we are pleased to now be able to offer a range of Add – On Training Courses to all of our Partnership Schools. These Courses include:

1. Pilates/Mindfulness Training
2. Gymnastic Teacher Training
3. Safe Use of Equipment Training (Ropes, Wall Frames etc.)
4. Lesson Progressions / Differentiation in a 6 week Plan – with use of equipment
5. Warm Up Games Training

Each Course can be tailored to your own requirements with a cost of £30 per hour.

If your School has an individual need not listed here, please do get in contact and we'll see if we can tailor an Add On Course to meet your needs.

Bikeability Courses

We are recognised by the Bikeability Trust as an official Training Provider for Bikeability. We have successfully carried out training courses in several schools and we see the huge benefits to young people of taking part in cycle training. We offer a range of different courses:

1. Balance Bikes – for Nursery, Reception, Year 1 and Year 2. Ideally a 4 week programme.
2. Learn to Ride – All year groups - £10 per 2 hour course.
3. Level 1 – Years 3 & 4 - £10 per 2 hour course.
4. Level 1 & 2 Combined – Years 5 & 6 - £25 per 8 hour course.



Contact Us

Please contact Duessa Lipley if you have any further questions she would be happy to help you.

We are proud to promote both our Partnership and schools in our Partnership through Social Media. We have our own website page and have set up our own Facebook page and Twitter link. We use these to keep us up to date, to see all the activities happening within our schools and share any new legislations or great ideas and initiatives with our followers.

Please follow us:

Website: www.watfordandhertsmeressp.org.uk

Twitter: @WandHSSP

Facebook: Watford & Hertsmere School Sport Partnership

Partnership Development Manager: lipleydu@queens.herts.sch.uk



What Can We Offer to Your School?

We offer a choice of 2 packages: **ALL Inclusive Package** or a **Competition Package**

ALL Inclusive Package

Cost for 2023-2025 (per annum): 1 form intake only - costs £6,399.00

2 form+ intakes cost £6,715.00

What are the benefits of buying this package?

Competitions

- *We run our Partnership and School Games Competition events.*
- *We support schools with competition selection and preparation.*
- *Help run Intra school competitions – and link them to our Inter School Partnership Competitions*
- Supporting the PE Coordinator to develop the provision of intra school competition through Multi Skill festivals, virtual league and other sporting opportunities.
- Linking to inter school Hertfordshire School Games as a progression from intra school activities.
- Facilitate inter school league competitions in football /netball – boys and girls.
- Assist with County, National Competitions in Schools preparation.
- Organise Partnership competition finals progressing from localised festivals which either lead into Herts School Games finals or other competition outlet routes where applicable.
- Identified SS Co to actively lead on 3 whole class sessions leading up to family / district event in every activity.
- Ability to enter all competitions and leagues.
- SS Co's will monitor and evaluate schools (School Games Mark, Inclusive Health check).

CPD

- We host 2 x Full day SSP Partnerships Conferences or equivalent online courses per year (3 free spaces). We update you on all National initiatives, support you in your School Games application.
- School specific mid-day supervisors' course linking into Play Leaders Programme.



Leadership

- We will provide a skilled Extracurricular club- Breakfast or after school for 2 half terms.
- We provide a Whole School Teacher training inset – and/or run CPD for Staff within lesson times when we are in your school e.g. Twilight training.
- Playground Leaders training for Year 5/ Year 2 to help your playtimes run smoothly.
- Run a Multi skills Change for Life Carousel Festival with Play Leaders.

Additional Partnership support

- We provide links with Local Community Sports Clubs
- Provide access to lesson support material.
- Assist PE Coordinators with lesson planning, differentiation, monitoring and evaluation.
- Increase visibility and update all schools on events via our Partnership Social Media accounts.
- Access National Initiatives and promote, encourage in Schools e.g. Daily Mile, Walk to School, Active Lives, Chance 2 Shine, Change 4 life etc.

Competition Package

Costs for 2023-25 (per annum): 1 form intake is £1,416.00
2 forms + intake is £1,732.00

What are the benefits of buying this package?

Competitions

- Access to all Partnership, County competitions and Leagues

CPD

- Access to (1 space) at the 2 day PE Conference or equivalent online courses

Leadership

- Access to Playleader training (PALS)
- Midday Supervisor training at a regional venue within the partnership

Additional Partnership support

- Access to Partnership web site – information, updates and results.
- Assistance for intra school activities
- Increase visibility and update all schools on events via our Partnership Social Media accounts

